



# CARDIOLOGY

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## OF CENTRAL ALABAMA

- **Guidelines for Upcoming Nuclear Stress Test**

- Follow the above instructions.
- The entire test will last between 3 hours and 4 hours.
- The test will have two parts; an exercise portion and a rest portion.

**During the Procedure:**

- An IV will be started in the hand or arm.
- An injection of MYOVIEW, a radiopharmaceutical used to image your heart, will be administered through the IV.
- Resting images of your heart will be made while you are lying on the table.
- You will be prepared for the exercise test; if you are unable to walk on the treadmill then a medicine will be used to exercise your heart.
- At a point during exercise, MYOVIEW will again be administered through the IV.
- You will be able to then eat your snack before the second sets of images are made of your heart.

❖ **\*\*\*\*Please call the office at (256) 234-2644 if you have any questions or if you will be unable to keep your appointment. The medication is ordered one day in advance and can only be used for you during your scheduled appointment time. If you fail to cancel your appointment by 4:00 p.m. the day prior to your appointment, you will be financially responsible for the cost of the medication, which is approximately \$300.00.**



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### Nuclear Stress Test:

